



Arlington Heights Nursery School

Established 1965

What to Bring to School

Toddlers and Preschoolers:

- A complete change of clothes, including socks.
- A sun hat for our sunny playground!
- Diapers and diaper cream, if needed (make sure to complete the form for Non-Prescription Topical Medication/Cream if you are sending in diaper cream).
- A bag to carry art work home, and when the time comes, for winter gear as well. **Cubby space is limited, so please do not send in a large wheeled backpack - they don't fit!** Tote bags or smaller backpacks are fine. **Please make sure your child's name is on the OUTSIDE of the bag.**
- If your child will be napping at school: A stuffed animal or lovey if they like to rest with one, a crib sized sheet, and a blanket.
- If your child stays for lunch: A lunch box, nut-free lunch and drink, with ice pack.
- All children should wear sturdy, **closed toe shoes** (no sandals) and play clothes that are easy for them to use - no belts, difficult buttons or clasps.

Infants:

- 2-3 complete changes of clothes, including socks.
- Seasonal outerwear, including sun hat.
- Water shoes for outdoor water play.
- 1 blanket and a stuffed animal or lovey if they have one.
- 2 crib sheets.
- 2 pacifiers, if they use one.
- Diapers and diaper cream, if needed (make sure to complete the form for Non-Prescription Topical Medication/Cream if you are sending in diaper cream).
- Food: fresh or frozen breast milk for the day, with extra that can be stored in our freezer, or formula with an extra container stored at school. Unopened jarred food, box of cereal, and finger foods, if appropriate. Always make sure to have at least one full days worth of extra food at school.

PLEASE LABEL EVERYTHING YOU BRING TO SCHOOL!

Every item of clothing, lunchbox, and even the tiniest container you send in your child's lunchbox, everything must be labeled. You can use a sharpie or buy personalized labels from:

www.stuckonyou.com. At checkout fill in our name where it asks for School/Camp Fundraiser and support AHNS while purchasing useful labels for your child's belongings!

For those who like to plan and shop ahead: when the cold weather arrives, your child will need outerwear for playing outside, including snow pants or snowsuit, warm jacket, hat, mittens (**not gloves**), and boots that are easy to put on and off. Many families like to send in slippers for those days when children wear boots to school. Slippers should have a sturdy sole and be safe for children to walk, run and climb while wearing them.